



Paradise Naturally.  
menu of services

# Menu of Services



## Massage Treatments

### **Balinese Massage**

#### *Our Signature Treatment*

Hindu, Chinese and European influences combine to create a relaxing, rhythmic, and energizing massage with varying techniques of acupressure, rolling motion, long strokes, and percussion.

### **Classic Swedish Massage**

A deeply relaxing full-body massage with long, comforting strokes of light-to-medium pressure to improve circulation and ease muscle tension.

### **Deep Tissue Massage**

Deep pressure massage targets specific muscle groups to release tension, improve flexibility, enhance physical performance, and promote healing.

### **Stone Therapy Massage**

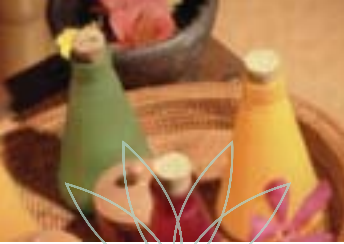
This full-body massage utilizes smooth riverbed basalt stones and warm oil for a profoundly calming and unique experience. The combination of hand and stone massage, heated stone placement and pressure, opens pathways and improves circulation.

### **Back, Neck and Shoulder Massage**

Clear your head, relieve your neck and shoulders, and immerse yourself in total relaxation to banish the effects of travel, heavy suitcases, time differences, recycled air and uncomfortable seating.

### **Prenatal Massage**

Specialty cushions ensure the comfort of mother and baby as pressure and tension in the lower and middle back and strain in the neck and shoulders is relieved.



### **Massage Medley**

Deeper pressure to relieve tight muscle groups, Swedish techniques for full relaxation, and massage techniques from around the world create a customized treatment developed for you.

### **Bamboo Therapy Massage**

Full-body massage uses deep strokes and light, percussion movements with warm bamboo to reach deeper muscle layers, reducing tension and promoting lymphatic flow.

### **Sports Massage**

Therapist discusses your specific needs and customizes deep tissue and compression techniques combined with specific muscle stretches for improvement in strength, endurance and overall fitness.

### **Reflexology**

This ancient healing art involves stimulating reflex points (meridians) on the soles of your feet to improve circulation, reduce fatigue and improve physical balance.

### **Marco Island Foot Ritual**

Stone, Balinese and Reflexology combine in relaxing and stimulating techniques with Pure Fiji products to increase circulation, eliminate toxins, and lift heaviness and ache from the feet and lower legs.

### **Hydro Massage**

A therapist adds muscle relaxation products from the sea to a hydrotherapy tub so you can enjoy a water wand massage and multiple high-powered jets, followed by a hydrating massage. Swimsuit required.



## Facial Treatments

### **Remarkable Results**

#### *Our Signature Treatment*

For exquisite results, forget the face lift – indulge in our advanced Microdermabrasion treatment followed by a pure Oxygen Cocktail Facial.

### **Saving Face Hydrating Facial**

#### *Revive Collection Signature Treatment*

This botanical facial featuring Kerstin Florian's Natural Antioxidant Skin Care Line dramatically increases moisture and maximizes your skin's performance. A relaxing upper body massage and a hand treatment are included.

### **Customized Deep Cleansing Facial**

A consultation with your esthetician will result in a treatment that offers maximum deep pore cleansing. Having analyzed your skin type, the esthetician will select a combination of products to best suit your skincare needs.

### **Intense Hydrating**

Great complexions require hydration; this treatment meets the skin's fundamental need for water by deeply moisturizing and correcting fragility, tautness, and dullness due to dehydration.

### **Anti-Aging and Firming Facial**

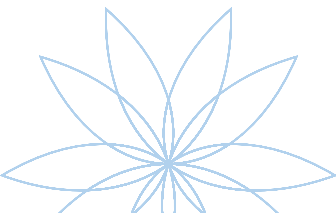
Advanced manual pro-lifting massage techniques optimize the effects of specialized skincare products for instant lift and new-found glow.

### **Alpha Hydroxy Peel**

Promotes a healthy youthful glow by minimizing the visible signs of aging, smoothing the complexion, balancing irregular skin tones, and softening dry skin.

### **Alpha Hydroxy Deluxe Peel**

A non-irritating, gently exfoliating formula followed by a self-heating mask works to diminish fine lines and wrinkles, visibly reducing pore size, preventing future breakouts, and perfecting skin tone.



### **Microdermabrasion**

Natural diamond chips embedded in a stainless steel wand safely and painlessly polish away dead skin cells to expose a healthy glow, promote new growth, and leave your skin silky and smooth.

### **Oxygen Cocktail Facial**

Pure, natural botanicals and Vitamins A and C combine to soothe and replenish your skin, using an advanced oxygen delivery system to infuse nutrients into the skin for immediate results.

### **Acne Facial**

This facial targeted at treating acne-prone skin and breakouts uses salicylic acid to loosen blockages and refine pores, followed by a cooling sulfur mask to calm inflamed skin.

### **Gentlemen Only**

European-style deep cleansing and anti-aging treatment especially for men naturally hydrates the skin, eases shaving irritation and minimizes the appearance of fine lines and puffiness.

### **Beautiful Back Treatment**

For special attention to the back only, exfoliation combined with a clay mask contributes to a deep cleansing, purifying and rebalancing experience.

### **Body Facial**

Enjoy satin skin once your body is exfoliated then left cocooned in a blend of shea butter and essential oils while you receive a customized facial complete with a scalp massage.



### **Mask Enhancements For Facial Treatments**

#### **Collagen Velvet Neck & Eye Treatment**

Creams, extracts and pure native collagen bathe fine lines, crow's feet, and dehydrated neck area to smooth the skin and diminish visible signs of aging.

#### **Eye Contour Mask**

Tightens, lifts and reduces puffiness.

#### **Collagen Eye Masks**

Provide extra hydration to the entire area from eyebrow to cheekbone with this intensive mask.



## Body Treatments

### **Bali By The Sea Scrub**

Coconut essential oils with a pure sugar cane scrub buffs away dead skin, cleanses pores, and restores your skin to a fresh, healthy glow. A super moisturizing cream will instantly revive dry skin.

### **Citrus Scrub**

First, natural tangerine oils and mineralizing sea salts exfoliate the entire body. Then a blended body butter of sweet orange and vanilla with vitamins A, C and E is applied to the skin.

### **Peppermint and Rosemary Sea Salt Scrub**

A peppermint and rosemary sea salt exfoliation removes impurities and prepares skin for a deep cleansing before intense green tea mint moisturizer is applied over the entire body.

### **Tropical Ginger Lime Sea Salt Scrub**

After a shea butter salt scrub blended with essential oils of lime and ginger gently buffs away dry, lifeless skin, Vitamins A, C and E with a combination of plant extracts are applied to the body.

### **South Pacific Sea Mud Wrap**

Our classic mud wrap from the nutrient-rich sea floor detoxifies, revitalizes and eases tension throughout the entire body.

### **After-Sun Aloe Vera Body Wrap**

There's relief from too much sun exposure when a soothing, hydrating mask of natural Aloe Vera extracts is applied to the body, followed by an intense green tea mint moisturizer.

*According to Balinese lore, water represents a mystical elixir of life with the power to both purify and sanctify. All our products are a tribute to the ocean, creating a calming and uplifting effect.*



## Specialty Enhancements For Massage Treatments

### **Aromatherapy**

Nature does her best work when all your senses are engaged. Alluring aromatic spa mosaics added to specific treatments further customize and amplify your experience.



## Bali Baths

### **Bali By The Sea Bath**

A luxurious soak of coconut milk with a blend of exotic nut oils rejuvenates, nourishes and re-hydrates skin to leave it supple, smooth and revitalized.

### **Milk and Honey Bath**

Milk and shea butter blended in a warm hydro-therapeutic jet massage soothe your mind and soften your skin in a vitamin-rich bath high in nutrient density.

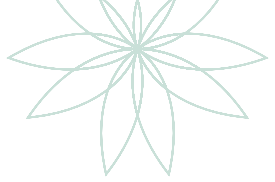
### **Lavender Rose Petal Bath**

Surrounded by rose petals, revel in your own private nirvana of warm hydrotherapeutic massage and the aroma of lavender. Hypnotically heavenly!

### **Citrus Bath**

Dead sea salts combined with the essential oils of sweet orange, vanilla, soy milk, and honey detoxify the body and intoxicate the senses.





## Spa Packages

### Marco Island Mystique

Bask in a complement of our unique treatments. Rejuvenate with a coconut body scrub and Bali bath, followed by a Balinese massage and customized facial. Enjoy lunch served on the balcony overlooking the rippling turquoise waters of the Gulf of Mexico. The pampering concludes with our signature manicure and pedicure and a shampoo and blow dry. (Full Day ~ 8 Hours)

### South Pacific Day To Play

Enjoy a refreshing, invigorating and relaxing spa day that includes a Swedish massage, coconut sugar scrub, Bali bath, customized facial, moisture spa manicure, and a spa ritual pedicure. Complete the experience with a wash and blow dry in our Bali Salon, and feel the transformation begin. (Full Day, includes lunch ~ 6 Hours)

### Seaside Sampler

Feel the splendor of the sea in moisture-rich sea products that leave you feeling blissfully pampered and refreshed. Our sampler includes a customized facial, Swedish massage, a short and sweet treatment for hands and feet, and a wash and blow dry to provide a beautifying experience in a short period of time. (Half Day ~ 4 Hours)



## Salon Services

Haircut Only  
Shampoo and Style  
Shampoo, Cut, and Style  
Bang/Fringe  
Virgin Color  
Retouch Single Process  
Semi-Permanent Color  
Shine Treatment  
Partial Foil  
Full Foil  
Full Foil & Color  
Facial Waxing

Gentlemen's Cut  
Gentlemen's Cut and Color  
Gentlemen's Beard/Mustache  
Child's Haircut and Style  
Child's Formal Style  
Scalp Massage w/Shampoo  
Perms  
Formal Hair Style  
Up-Do  
Make-Up Artistry



## Nail Services

### **Signature Manicure and/or Pedicure**

This deluxe “facial” for the hands or feet features intense two-step exfoliation to rejuvenate and hydrate skin, followed by paraffin wax treatment and massage. The result is cleaned, hydrated cuticles and shaped, polished nails.

### **Double Happiness Manicure and Pedicure**

#### *Revive Collection Signature Treatment*

A revitalizing massage and gentle skin resurfacing “facial” for the hands and feet, using invigorating peppermint and rejuvenating, skin softening products from the June Jacobs Spa Collection.

### **Moisture Spa Manicure**

Intensive therapy for dry, parched hands uses an exfoliating citrus scrub and hydrating moisturizer to polish and hydrate skin. Hands feel soft after a moisturizing shea butter massage and look lovely with cleaned, buffed and polished nails.

### **The Spa Ritual Pedicure (Ladies)**

Heels and toes are super-hydrated in an essential oil bath and feet exfoliated with an invigorating scrub. Calluses are gently smoothed away with an intensive acid serum and remedied with hydrating therapy cream. Legs, calves and feet are massaged with minty essential oils. Cuticles are trimmed and moisturized, nails are clipped, reshaped, buffed and polished.

### **The Spa Ritual Manicure and/or Pedicure (Gentlemen)**

This essential good grooming treatment, given in a private setting, is designed especially for men and includes clipping, shaping and buffing nails on hands and/or feet.

### **Short and Sweet Manicure and/or Pedicure**

The rapid rejuvenator for those on the go. The nails are reshaped, cuticles are pushed back and trimmed, and nails are finished with polish (does not include massage or callus work).

### **Other Nail Services**

French Polishing for Finishing

Quick Polish Refresher

Pink and White Extensions and Fills

Acrylic Extensions and Fills

Paraffin Wax Treatment

Nail Repair (per nail)



## How To Enjoy The Ultimate Spa Experience

### **What if I have special health considerations?**

Please notify our Spa Reservation Department when booking your treatments if you have high blood pressure, allergies, any physical ailments or disabilities or if you are pregnant. If you have any concern at all, please let us know.

### **When should I arrive?**

For your enhanced comfort and relaxation, we suggest that you arrive 30 minutes before your scheduled treatment. This will allow you time to relax in our lounges, saunas, steam rooms, and plunge pools. Arriving late will possibly interfere with your treatment since all appointments will end at their scheduled time so that the next guest will not be delayed.

### **What should I wear during my treatment?**

Most body treatments are enjoyed without clothing; however, please wear whatever is comfortable for you. During all treatments, the body is fully draped, except for the area being worked on. Before and after your treatment, robes and slippers are provided in lockers in the men's and women's lounges. Hydrotherapy treatments require a bathing suit.

### **Should I bring my valuables?**

For the safety of your valuables, we suggest that you leave them at home or in the safe provided in your guestroom. We do not assume any liability for valuables.

### **What is the cancellation policy?**

As a courtesy to other guests and to our therapists, we strictly adhere to the Spa cancellation policy. If you must reschedule or cancel your appointment, please notify us four hours in advance to avoid being charged 100% of the scheduled service. Cancellation of packages require a 24-hour notice.

### **What if I am running late for my appointment?**

Arriving late will simply limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest will not be delayed. The full value of your treatment will be applied.





As a part of our commitment to the environment, we minimize our use of paper. Please visit [www.marcoislandmarriottspa.com](http://www.marcoislandmarriottspa.com) for more information and details on our services and treatments.



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